COVID-19 Saliva Testing Clinics at UC Santa Cruz

Testing Instructions

01 Bring up your appointment barcode or have your ID ready

02 Sanitize hands using sanitizer or soap & water

03 Check in at the registration desk to receive your sample tube and funnel

04 Think about your favorite foods
   Begin pooling saliva in your mouth. Saliva production can be stimulated by thinking about food or the saliva collection itself.

05 Open tube by twisting cap off

06 Place funnel into top of tube

07 Saliva collection
   Slowly deposit saliva into the funnel. You may have to gently rotate the funnel in the tube to move the liquid into the tube. Fill the tube until it is approximately halfway full.

08 Remove funnel and dispose of in trash
   Replace cap onto the tube and securely tighten the cap by twisting.

09 Sanitize hands and wipe the collection tube dry

10 Place the tube into the provided collection rack

Before Your Test

In the 30 minutes before your test, do not smoke, eat, brush your teeth, or drink fluids other than water

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