To safeguard against COVID-19 (Coronavirus) clean and disinfect high-touch areas in your residence. **Cleaning** removes dirt and contaminants from surfaces while **disinfecting** kills germs that can make you sick. If a surface is dirty, first clean it with soap or detergent and water, then use a disinfectant product.

**HIGH-TOUCH AREAS**

- Doorknobs
- Table and countertop surfaces
- Hard surface chairs
- Bathroom surfaces
- Faucets and tap handles
- Toilets seats and handles
- Light switches
- TV remote controls
- Electronic devices: mobile phones, tablets, computers, game controllers

**LAUNDRY**

- Clean bed sheets, towels and clothes regularly.
- Prepare laundry before leaving your residence to minimize the amount of time you spend outside.
- Try to go at a time when there are fewer people.
- Maintain physical distance to other people.
- Don’t shake dirty laundry to minimize the possibility of dispersing the virus through the air.
- Launder items with soap or detergent, using the warmest appropriate water setting and dry items completely — both steps help to kill the virus.
- Fold your laundry when you return to your residence.
- Wash your hands with soap and water, or use an alcohol-based hand rub, immediately afterwards.
- Wash or disinfect your laundry bag/hamper as well. Consider storing laundry in disposable bags.